


























Indoor seeding (frost-sensitive)
 Outdoor seeding Transplanting
 Harvest

SEEDING	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV.	DEC
 Garlic												
 Eggplant												
 Beet												
 Broccoli												
 Carrot												
 Celery												
 Brussels sprouts												
 Cauliflower												
 Summer cabbage												
 Winter cabbage												
 Pumpkin												
 Cucumber												
 Squash												
 Spinach												
 Broad beans												
 Beans												
 Kale												
 Lettuce												
 Melon												
 Onion												
 Sweet pepper												
 Peas												
 Leek												
 Radish												
 Tomatoes												

* Applies to hardiness zones 5A and 5B. For a different zone, refer to the table on our website.