


PLANTS	CM BETWEEN PLANTS	CM BETWEEN ROWS	CYCLE	NOTES
 Garlic	10 cm	30 cm	Long	Plant very early in spring.
 Eggplant	40 cm	60 cm	Long	Keep 4 to 5 fruits per plant. Harvest when skin is shiny.
 Beet	5 cm	30 cm	Short Long	Plant as soon as the soil has warmed up (10 °C) and until July.
 Broccoli	40 cm	75 cm	Short	After harvest, keep the plants for a second harvest.
 Carrot	5 cm	45 cm	Short	Sow every 15 days from early May to June 15.
 Celery	20 cm	50 cm	Long	Mound the foot two weeks before harvest.
 Brussels sprouts	40 cm	80 cm	Long	Remove the leaves to promote growth. Pinch tip in late August.
 Cauliflower	40 cm	75 cm	Medium	When it reaches 7 cm in diameter, lift up and tie the leaves above.
 Summer cabbage	45 cm	60 cm	Long	Overly dry soil can cause the heads to burst.
 Winter cabbage	45 cm	60 cm	Long	Harvest when firm. Cut with a knife.
 Pumpkin	200 cm	250 cm	Long	Sow in hills of 3 seeds. Keep 2 to 4 fruits per plant.
 Cucumber	120 cm	120 cm	Short	Sow in hills of 5 seeds. Keep 3 plants per hill.
 Squash	100 cm	100 cm	Long	Zucchini is the only short-cycle squash.
 Spinach	10 cm	40 cm	Short	Sow in spring or late summer, might go to seed otherwise.
 Broad beans	20-30 cm	75-90 cm	Long	Sow in early May. Harvest when beans are swollen.
 Beans	10 cm	100 cm	Short	Grow on strings, netting or trellis.
 Kale	40 cm	40 cm	Short	Kale can be grown in a pot with annuals for its ornamental qualities.
 Lettuce	15 cm	30 cm	Short	Sow in spring or late summer, might go to seed otherwise.
 Melon	150 cm	200 cm	Long	Sow in hills of 3 seeds. Keep 3 to 4 fruits per plant.
 Onion	10 cm	30 cm	Short	Bend the stems down in late August.
 Sweet pepper	30 cm	45 cm	Long	Green sweet peppers are unripe sweet peppers.
 Peas	6 cm	80 cm	Short	Sow every 15 days from early May to June 15. Requires support.
 Leek	10 cm	80 cm	Long	Leek is tolerant to frost. In zone 7 and over, it can be harvested in winter.
 Radish	4 cm	25 cm	Short	Sow in early spring or late summer, might go to seed otherwise.
 Tomatoes	45-90 cm	45-90 cm	Long	Plant so the first leaves are close to the ground.